



**Building Stronger  
Businesses & Teams  
- faster & without  
all the headaches**



[www.aspirinbusiness.com](http://www.aspirinbusiness.com)

**Aspirin Business was founded by former Finance Director, Susannah Brade-Waring. Sue wanted to help other business leaders be more successful, faster and without all the headaches she'd experienced along the way.**



**Find details of our FREE Discovery Workshops on our website**

# PEOPLE

# PROFITS



## HIGH PERFORMING LEADERS

**Liberating Leadership** within yourself and your teams has never been more important. Our programmes are based on 25 years of research into the beliefs and behaviours of high-performing leaders, translated into 1 central mindset, a 4-step process and 15 competencies.

## E VOLVING L E A D E R S



## ACCELERATE

## BUSINESS GROWTH

Our **Peer 2 Peer Boards** are non-competing businesses who meet monthly for a half-day with a shared purpose of working together to significantly grow or strengthen their businesses, through sharing experience, skill-up workshops and Mastermind 'Hot Seat' challenges.

# HIGH PERFORMING

# MANAGERS



A 7-week programme to accelerate Team Performance, includes three half-day engaging workshops, collaborative problem-solving, 30-Day Business Improvement Projects, mindset & beliefs, personal effectiveness & managing team behaviour.

## EMPOWERING MANAGERS

### ACCELERATE

### INNOVATION



**Developing your intrapreneurs** through innovation and collaboration skills, enabling organisations to thrive through change. Includes 3 half-day interactive workshops, 30-Day Business Improvement Projects, stakeholder management, risk mitigation & toolkit.

# HIGH PERFORMING TEAMS



An engaging half-day workshop to develop growth mindsets & behaviours. Enabling your team to make lasting improvements to **be their best selves** at work & home, by taking more responsibility for their mindset, effectiveness, wellbeing & wealth.

# ENGAGING TEAMS

## ACCELERATE

## COLLABORATION



Collaborative business evolution engaging the hearts & minds of your team to ensure your business & people thrive. Our **Team Pulse Surveys** combine an online Motivational Map with an individual coaching conversations to provide an accurate view of how to improve your business & retain your talent.

## **What our clients say...**

*"Working with Susannah was without doubt one of the highlights of this year for me. Susannah's approach and understanding of both our project and organisational requirements was first class"*

Mick Mcleavy, General Manager Maintenance at Waitrose

### **Susannah Brade-Waring, MSc BSc (Hons)**

Finance Director turned coach & trainer, Sue is the Managing Director of Aspirin Business.

Sue has 24 years' experience of building and managing strong business and teams gained across engineering, manufacturing, professional services and property at local, national and global level.



**Contact us today and see how  
we can help your business thrive.**

**[www.aspirinbusiness.com](http://www.aspirinbusiness.com)**

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